



Shetland ADP

Online Trauma And Substance Use

Our training attracts attendees from a wide range of sectors and we encourage active participation in our sessions through group discussions and by inviting individuals to offer comments on issues relevant to their role. If you have any concerns about participating within this interactive format please highlight this in the additional needs section of the booking form

Aim

This introductory course will support trauma-informed practice when working with people who are affected by trauma and who use substances.

By the end of the course you will be able to:

- Define the concept of psychological trauma.
- Describe how substance use is used as an adaptive coping response to trauma and its impact.
- Identify how to respond to the needs of those affected by trauma at a trauma-informed level.

We recommend that you complete our '[Drug Awareness - An Introductory Course](#)' e-learning module.

Date: 10 March 2026

Time: 9.30am - 3.30pm

TRAINING WILL BE DELIVERED VIA MICROSOFT TEAMS

Booking Information:

To book a place please follow this link: [Trauma and Substance Use](#). You may have to Create an Account if you don't already have one.

Please email: Mariem@sdf.org.uk if you have any general queries about this event.

Please make sure you can attend if you book a place. Courses are very popular so if you find you are unable to make it then **please let us know as soon as possible** so we can allocate your place to someone on the waiting list.