



Shetland ADP

Online Trauma and Substance Use

THIS SESSION IS ONLY FOR THOSE LIVING AND WORKING IN SHETLAND. IF YOU ARE OUTWITH THIS AREA PLEASE SEE OUR TRAINING CALENDAR TO VIEW AVAILABLE COURSES.

Aim

This facilitator course will support trauma-informed practice when working with people who are affected by trauma and who use substances.

By the end of the course you will be able to:

- Define the concept of psychological trauma.
- Describe how substance use is used as an adaptive coping response to trauma and its impact.
- Identify how to respond to the needs of those affected by trauma at a trauma-informed level.

Date: 11th November 2026

Time: 9.30am - 3.30pm

TRAINING WILL BE DELIVERED VIA MICROSOFT TEAMS

Booking Information:

To book a place please follow this link: [TRAUMA 11TH NOVEMBER 2026](#) . YOU WILL HAVE TO CREATE AN ACCOUNT IF YOU DO NOT ALREADY HAVE ONE.

Please email: Mariem@sdf.org.uk if you have any general queries about this event.