



SHETLAND ADP

Online Principles of Harm Reduction

THIS SESSION IS ONLY FOR THOSE LIVING AND WORKING IN SHETLAND. IF YOU ARE OUTWITH THIS AREA PLEASE SEE OUR TRAINING CALENDAR TO VIEW AVAILABLE COURSES.

Aim

This facilitator led course will support an awareness of the main drug related harms and understanding of the principles of Harm Reduction.

Learning Outcomes

By the end of the session participants will be able to:

- Define the principles of harm reduction and understand the background to them.
- Recall the range of harms caused by drug use and describe harms from specific substances.
- Identify sources of support to reduce drug related harm, in relation to signposting people who use your service

Date: 2nd December 2026

Time: 9.15am - 1.30pm

TRAINING WILL BE DELIVERED VIA MICROSOFT TEAMS

Booking Information:

To book a place please follow this link: [PRINCIPLES OF HR 2ND DEC 2026](#) . **YOU WILL HAVE TO CREATE AN ACCOUNT IF YOU DO NOT ALREADY HAVE ONE.**

Please email: Mariem@sdf.org.uk if you have any general queries about this event.